

Module 4 Instructions

Welcome to Module 4 on your path to freedom. Please follow these instructions before moving on to Module 5.

By now you should be getting an understanding of how Satan works and how he is attacking you. This is the module that requires the most time. Now we will document and tear down the strongholds in your life.

This module includes the following.

- Video 4
- Stronghold worksheet blank
- Stronghold worksheet causes
- Stronghold prayers
- Stronghold prayer guide
- Strongholds list

Here are the instructions for module 4 -

- Watch Video 4 before starting your journey.
- Now take out the Stronghold List and mark all of the things on the page that are a recurring part of your life. This will help you identify strongholds.
- Take the two Stronghold Worksheets – Blank and Causes and fill in the blank sheet with your strongholds.
- Use the two prayer guides to pray to break each stronghold listed.

It is very important to prayerfully seek out strongholds in your life. This is especially true if working alone. The enemy uses strongholds to deceive you and it is often difficult for us to see our own strongholds.

We are asking you to complete all these tools before moving on to Module 5. You decide when the time is right. Remember that you can ask for a coach at any time by sending an email to terry@sunministries.org with the word COACH in the subject line. Your freedom in Christ is waiting for you!