

# *My Battle Assessment*

## *How does the enemy attack me?*

Use the sections below to list how the enemy attacks you. Add any ways that fit the section. Make a plan under fight back to start to defeat the work of Satan in your life.

**Oppression** - to be afflicted or attacked from outside

Sicknesses \_\_\_\_ Spirit of infirmity \_\_\_\_ racism \_\_\_\_ violence \_\_\_\_  
imprisonment \_\_\_\_ persecution \_\_\_\_ suffering \_\_\_\_ captivity \_\_\_\_

**Fight back** - praise that is based on seeing our suffering in the light of the glory waiting in eternity

Submission to spiritual authority - are you being disciplined?

Prayer - See prayer targets list in Discipleship Handbook

**Suppression** - to be kept from full potential. Comes from within.

Causes - fears \_\_\_\_ Spiritual Blindness \_\_\_\_ Lack of proper leadership \_\_\_\_

**Fight Back** - Ask someone to disciple you \_\_\_\_

Seek revelation - rhemas \_\_\_\_ Ask Jesus for more faith \_\_\_\_

**Obsession** - to be controlled by an unrighteous desire.

Examples of obsession lust \_\_\_\_ power \_\_\_\_ greed \_\_\_\_ sex \_\_\_\_  
drugs \_\_\_\_ Alcohol \_\_\_\_ celebrities \_\_\_\_

Obsessive behavior is rooted in lusts, which are uncontrolled desires.

"Obsessed" means to be "preoccupied."

Obsession attacks the person from within through their lusts.

**Fight Back** - Repentance \_\_\_\_ godly music \_\_\_\_ pure speech \_\_\_\_

fleeing youthful lusts \_\_\_\_ humility \_\_\_\_ contentment \_\_\_\_

At any time you can request a coach by sending an email to [terry@sunministries.org](mailto:terry@sunministries.org) with COACH in the subject line.

Someone will reply to your request quickly. Check your SPAM folder so the email doesn't get lost.